

## Confidential Questionnaire for Women's Health Check

NAME \_\_\_\_\_ Date of Birth \_\_\_\_\_

| Please mark yes or no as it applies to you:                                      | YES | NO |
|--|-----|----|
|  |     |    |
| Any close relative ever had breast cancer?                                       |     |    |
| Ever been diagnosed with breast cancer? <b>L R</b> Date:                         |     |    |
| Diagnosed with any other breast disease?(Fibrocystic, Mastitis, Cystic, Abscess) |     |    |
| Any biopsy or surgery to your breasts? <b>L R</b> Date:                          |     |    |
| Cosmetic surgery to breasts? (implants, reduction, lift) <b>L R Both</b> Date:   |     |    |
| Do you have dense breast tissue?   |     |    |
| Have you had a mammogram in the past 12 months?                                  |     |    |
| Have you had more than 30 mammograms in your lifetime?                           |     |    |
| Mammogram in the past 5 years? Date of most recent mammo or US:                  |     |    |
| Any abnormal results from any breast testing?                                    |     |    |
| Ever taken a contraceptive pill for more than 4 years? How long?                 |     |    |
| Ever diagnosed with ovarian, uterine or cervical cancer?                         |     |    |
| Ever taken hormone replacement therapy? (pharmaceutical or bio-identical)        |     |    |
| Do you have an annual physical <b>breast</b> examination by a doctor?            |     |    |
| Do you perform a monthly breast self-exam?                                       |     |    |
| Did your periods start before the age of 12?                                     |     |    |
| Did your periods end after the age 50?   |     |    |
| Are you still having a menstrual cycle?  |     |    |
| Have you ever given birth to a child?  |     |    |
| Have you ever smoked for more than 5 years?                                      |     |    |
| Is your menstrual cycle irregular?   |     |    |
| Do you experience cramping during your menstrual cycle?                          |     |    |
| Do you have heavy bleeding with your menstrual cycle?                            |     |    |
| Do you have breast pain or tenderness that comes and goes?                       |     |    |
| Do you have any breast lumps that come and go?                                   |     |    |
| Do you have low libido? (low sex drive)  |     |    |
| Do you have hot flashes?   |     |    |
| Have you ever been diagnosed with endometriosis?                                 |     |    |

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|               |   |            |           |
|---------------|---|------------|-----------|
| <b>Page 2</b> | Please mark yes or no as it applies to you                                      | <b>YES</b> | <b>NO</b> |
|               |   |            |           |
|               | Have you ever been diagnosed with PCOS (poly cystic ovarian syndrome)?          |            |           |
|               | Have you ever been treated for infertility?                                     |            |           |
|               | Do you have any swelling in the neck or trouble swallowing?                     |            |           |
|               | Any thyroid disorder? (hypothyroid/ hyperthyroid/ Hashimoto's/ Grave's disease) |            |           |
|               | Do you regularly experience fatigue?  |            |           |
|               | Have you experienced recent hair loss?  |            |           |

Have you **recently** had any of these breast symptoms?

| Mark Right Breast or Left Breast as it applies | Right Breast | Left Breast |
|--|--------------|-------------|
| Pain   |              |             |
| Tenderness                                     |              |             |
| Lumps  |              |             |
| Change in breast size                          |              |             |
| Areas of skin thickening or dimpling           |              |             |
| Secretions of the nipple                       |              |             |

**PATIENT DISCLOSURE:**

I understand that the Report generated from my images is intended for use by trained healthcare providers to assist in evaluation, diagnosis and treatment. I further understand that the Report is not intended to be used by individuals for self-evaluation or self-diagnosis. I understand that the Report will **not** tell me whether I have any illness, disease, or other condition but will be an analysis of the images with respect only to the thermographic findings discussed in the Report.

By signing below, I certify that I have read and understand the statements above and consent to the examination.

Signature \_\_\_\_\_ Date \_\_\_\_\_